

The Three Heavens

This is a more nuanced understanding of metaphysical energies and is based on the experience of those who have a more sensitive awareness of higher dimensional consciousness. It provides a better understanding of the various kinds of energy that are around us so we can choose which energies are compatible and supportive of our healing and development. This concept has been expressed by others using different metaphors and descriptive methods such as three levels of consciousness or the 2nd level being described as the astral plane.

First Heaven

This is the atmosphere that surrounds the physical Earth including the clouds, birds, airplanes and so forth. It also includes the Earth herself and all the people and living things on the planet. The first heaven is where we live. In the first heaven, there are people who have good intentions and want to help others and there are people who want to take advantage of others. In fact everyone here seems to have some combination of healthy and unhealthy energies, values and intentions.

Second Heaven

This is a psychic field of consciousness that doesn't have a physical existence. It contains spirit beings, energies, concepts and so forth. In the second heaven, all the beings and energies are ego based. This means they are dualistic in nature and have a limited amount of energy to work with. And to one extent or another the beings and energies here are self-centered or are being influenced by other self-centered spirits.

The second heaven can also contain spirits with highly refined energies that are very impressive to earthlings, but are still ego based. They usually have hidden agendas and because of this have a low vibration even though they present themselves as having a high vibration. They can provide help, but it is of a much lower quality than that of the third heaven, but is presented as though it is the ultimate source of help and guidance. They usually connect with the egos of those they work with making them feel special and better than others. They can pull people in using deceptive methods and convert them to their way. One of the lower vibrational aspects of the second heaven is that the spirits and energies there violate free will; in effect they are con artists and try to convince people to trust them when they actually have a selfish agenda that they hide from the people they work with. But of course not all in the second heaven are like this, but even so, their vibration contains defects that prevent those connected to them from leading lives that are not as happy, healthy and fulfilling as they could be.

Third Heaven

The third heaven is beyond ego, and all of the energies and beings in this heaven are a clear expression of God's love, awareness and power. The beings and energies have an open hearted love for everyone and everything. They are connected with unlimited energy, joy, peace and happiness; everything good. The energy of this heaven is entirely healthy, uplifting, joyful, caring, loving, peaceful, trustworthy and life supporting. And the third heaven energies can be very

powerful, able to overcome any difficulty that has been created by second heaven energies or beings and to purify, heal and empower in meaningful ways. It is the purpose of this energy and consciousness of the third heaven to connect directly to the first heaven and bring the third heaven benefits directly to the people of the Earth. One of the features of the third heaven is that the energies and beings always respect free will. And while they want to help us, they cannot do so unless we accept their offer of help.

In addition, in order to benefit from the third heaven, we must be willing to release ourselves from the influences of the second heaven. It will not really work very well for us to have a combination of second and third heaven energies as the second heaven energies will always lower our vibration and limit the benefits the third heaven can provide. However, this is a process the third heaven energies are able to assist us with and is expressed in the purification phase of the Holy Fire experience.

Letting Go of Guides

Many guides use a combination of second and third heaven energies. (See page 28 for a description of the three heavens) Because of this, their energies and guidance are not as pure as they could be. Holy Fire guidance comes directly from the third heaven, making it pure and of a much higher quality, bringing with it a greater potential for development. Also, the true purpose of any spiritual guidance is to guide a student to the Source and then help the student develop a stronger connection with the Source. Holy Fire originates from the Source and once it is installed within you provides a direct connection with the Source. Based on this understanding, it is suggested that once you have Holy Fire Reiki, for a period of several months or even longer, use the Holy Fire as your only source of guidance. This will require that temporarily, you let go of all your guides so you can develop your connection with Holy Fire and become familiar with the guidance and benefits it provides. The Holy Fire will help you with this process. It is gentle and kind and upon receiving your request, with respect and blessings, it will ask your guides to leave.

Then after spending several months or more with the Holy Fire and becoming familiar with its energy, you can ask the Holy Fire to invite those guides back that it considers supportive of your spiritual path. Or you could also ask the Holy Fire to give you discernment in determining which guides are pure and supportive of your third heaven spiritual path so you can invite them to help you or otherwise interact with you.

In following this process, many have found it beneficial to turn their spiritual development over to the Holy Fire, asking it to guide every aspect of their spiritual lives including what to experience and which spiritual beings to interact with. Following this process will result in an expansion of one's field of awareness and the introduction to amazing beings of light.

Letting go of guides can sometimes be difficult, especially if we have spent a lot of time with them and have derived benefit from them. But because of the various skills and help each guide can provide, sometimes a guide will have taught you all it can and it becomes